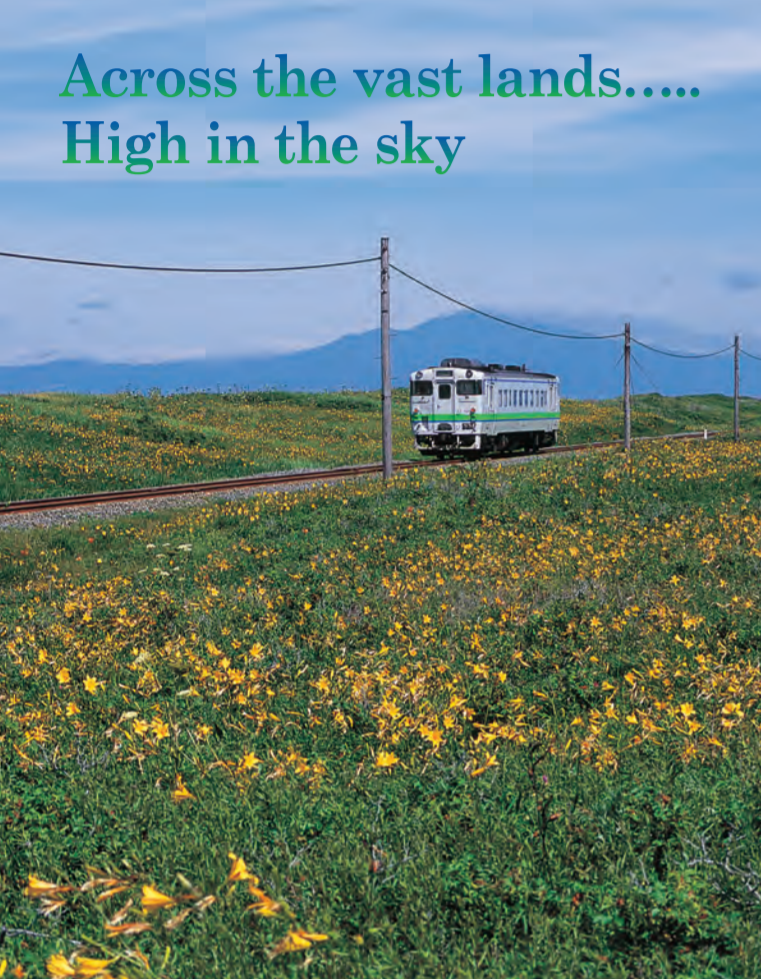


Okhotsk, Hokkaido

Koshimizu

Sightseeing Map



Across the vast lands....
High in the sky

Abashiri Quasi-National Park Hokkaido Heritage / Ramsar Site

Okhotsk Coastline / Wild Flower Park Area

Fields of wildflowers stretch between the Sea of Okhotsk and Lake Tofutsu

1 Hokkaido Heritage

Koshimizu Wild Flower Park located in Abashiri Quasi-National Park
Koshimizu Wild Flower Park is a coastal park that represents Hokkaido. The narrow sand dune in between the Sea of Okhotsk and Lake Tofutsu, is a natural wildflower reserve. Flowers in the reserve begin to bloom from late May, reaching their peak between mid-June and early July, and continue to bloom well into early September. Over 200 varieties of flowers, such as Siberian lilies, daylilies, and rugosa roses, can be enjoyed throughout the season. For a short time during the flowering season, Genseikaen Station is open for convenient access to the reserve. The Sea of Okhotsk and the sight of the train running through fields of colorful flowers, draws out the sentiment of the traveler. In October of 2004, Koshimizu Wild Flower Park was designated as a Hokkaido Heritage that will be handed down to the next generation.

●Inquiries/Commerce, Industry and Tourism Section, Industry Division, Koshimizu Town Office TEL 0152-62-4481, Koshimizu Wild Flower Information Center "Hana" TEL 0152-63-4187

Koshimizu Wild Flower Park Flower Calendar

Color	Flower name	May	Jun	Jul	Aug
White	Corydalis ambigua		■		
Black	Fritillaria camtschatica		■		
Yellow	Thermopsis lupinoides		■		
Purple	Lathyrus japonicus		■		
Yellow	Hemerocallis yezoensis		■		
Purple	Iris Setosa		■		
Pink	Rosa rugosa		■		
Pink	Lilium maculatum subsp. dauricum		■		
Purple	Dracopis argentea		■		
Pink	Geranium yezoense var. yezoense		■		



3 Michinoeki (Road Station) Hanayaka Koshimizu

Road Station Hanayaka Koshimizu is a unique multipurpose facility in the way that it is directly connected to JR Hama-koshimizu Station. Promoting "clean agriculture in Koshimizu," it houses a cafe and rest area and displays local specialty products for sale. The facility also has a panel exhibition area and offers classes on how to make bread, miso, sausages, ice cream and other processed foods.

●Address: Hamakoshimizu 474-7, Koshimizu-cho
●Inquiries: TEL 0152-67-7752
●Hours: 9:00 AM - 7:00 PM
●Closed: January 1 only



2 Lake Tofutsu, a Ramsar Site

Lake Tofutsu was listed under the Convention on Wetlands of International Importance, the Ramsar Convention in November of 2005. The lake, 27.3 km in circumference, and 900 hectares in area, gets its name from the Ainu word, "Tofutsu (mouth of the lake)." It is known as one of important stopovers for swans and other migratory birds. Between early June and November, pastured horses along the lakeside create idyllic landscape, typical of eastern Okhotsk. The new Lake Tofutsu boardwalk was installed along the lakeside, in front of the Koshimizu Wild Flower Information Center Hana. Visitors can get a feel of the wild birds, wildflowers and spectacular views of nature surrounding the lake, up close.

●Inquiries/Commerce, Industry and Tourism Section, Industry Division, Koshimizu Town Office TEL 0152-62-4481

4 Koshimizu Wild Flower Park Information Center "Hana"

Koshimizu Wild Flower Park Information Center Hana is located next to Genseikaen Station. On the large screen inside the building, visitors can watch the video to learn when the various flowers bloom and other distinctive characteristics. Rent a bicycle for free and enjoy a refreshing ride through town of Koshimizu, to see the beautiful scenery and nature surrounding the wildflower reserve.

●Address: Hamakoshimizu, Koshimizu-cho
●Inquiries: TEL 0152-63-4187
●Season and Hours: May - September (8:30 AM - 5:30 PM open every day), October (9:00 AM - 5:00 PM, open every day), November-April (Closed)
●Admission: Free



5 Furetoi Scenic Viewpoint

The pyramid-shaped exterior stands out on a hill, overlooking the Sea of Okhotsk and Wild Flower Park below. February arrives on the Sea of Okhotsk, bringing with it the drift ice. Furetoi Scenic Viewpoint is the perfect place to spend a winter day looking for drift ice on the sea.

Maehama Campsite

Located on the beach, right next to the viewpoint, the campsite is popular among campers, as well as those who enjoy fishing in the sea of Okhotsk.

●Inquiries/Commerce, Industry and Tourism Section, Industry Division, Koshimizu Town Office TEL 0152-62-4481
●Season: July 5 - September 5
●Camping fees: under 18 (per night) ¥150, 18 and up (per night) ¥300
●Facilities: Office, outdoor kitchen, restrooms with flush toilets.

6 Okhotsk Sanctuary

Okhotsk Sanctuary is operated by the Koshimizu Shizen-to-Kataru-kai Foundation, which purchased a patch of forest leftover in the middle of a farmland, along the mouth of Yamubetsu River, as a part of their "natural trust" campaign. The sanctuary, which covers an area of 36 hectares, is also home to wild animals and birds. There is a seminar room inside the Okhotsk Sanctuary Town Hall, where lectures on nature, and seminars are held.

●Address: Hamakoshimizu 203-1, Koshimizu-cho (Okhotsk Sanctuary Town Hall)
Inquiries: Koshimizu Shizen-to-Kataru-kai Foundation TEL 0152-63-7723

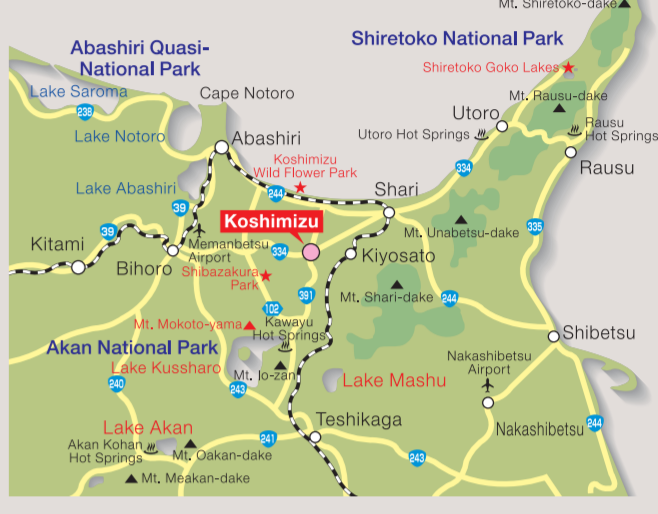


Transportation Information

- Flights
 - Tokyo (Haneda) - Memambetsu Airport : 1 hr and 40 min
 - Osaka (Itami) - Memambetsu Airport : 2 hrs and 05 min
 - Nagoya (Chubu) - Memambetsu Airport : 1 hr and 50 min
 - Sapporo (Chitose) - Memambetsu Airport : 45 min
- Railway
 - Sapporo Station - Abashiri Station (5 hr and 30 min on Ltd. Exp. train)
 - Abashiri Station - Hama-koshimizu Station (25 min by local train)
 - It takes about 15 minutes by taxi (must call) from Hama-koshimizu Station
- Car
 - From Sapporo, take either Route No.12, or Hokkaido Expressway via Route No.39, then Route No.334 to Koshimizu.

Tourist Information for Koshimizu

- Koshimizu-cho Tourism Association
Zip 099-3628 Koshimizu 658-4, Koshimizu-cho, Shari-Gun, Hokkaido
TEL 0152-62-3217 FAX 0152-62-2622
Website: http://www.koshimizu-kanko.com/
Email: k-kan@koshimizu-kanko.com
- Commerce, Industry and Tourism Section, Industry Division, Koshimizu Town Office
Zip 099-3698 Koshimizu 217-1, Koshimizu-cho, Shari-Gun, Hokkaido
TEL 0152-62-4481 FAX 0152-62-4198
Website: http://www.town.koshimizu.hokkaido.jp/
Email: syoukoumgr@town.koshimizu.hokkaido.jp



Tourist Attractions in the Okhotsk Area

- Shibazakura Park (moss phlox park in Higashimokoto, Ozora)
Dainty pink flowers bloom across 80,000 square meters of hills. It is now one of the most popular scenic spots to visit in Japan.
- Shiretoko (Shari), a Natural World Heritage Site
The last wilderness of Japan, Shiretoko. Visitors from all around the world come to visit the alluring and unexplored backcountry of Shiretoko.

Town of Koshimizu

Home of beautiful lilies and hot spring, surrounded by idyllic landscapes.



Yuri-no-sato Koshimizu Lily Park

The Koshimizu Lily Park, covering 13 hectares in area, is run by local ornamental lily farmers. Inside the park, a million lilies from all over the world such as Casa Blanca, Fata Morgana, Marco Polo, and Elite bloom over 7 million flowers, from mid July to early September, inspiring all visitors. Inside the gift shop you can try soft serve ice cream (with edible lily roots), or purchase fresh-cut or potted lilies and lily bulbs (reserve them too).

●Inquiries: Synergy Koshimizu Ltd. TEL 0152-62-2903
●Park season: Mid July - early September
●Park hours: 9:00 AM - 5:00 PM
●Varieties: Mainly vivid colored Japanese sukashiyuri, and Oriental hybrids with large petals and strong aroma.
●Admission: Adults/¥500 (Junior High School Students and up), Groups ¥400 (15 persons or more)
●Facilities: Parking, Restrooms and Souvenir Shop

Flower Calendar

Variety	Color	July		Aug		Sep	
		Early	Late	Early	Late	Early	Late
Iberflora	Red						
London	Red						
Bariton	Red						
Pollyanna	Yellow						
Fata Morgana	Yellow						
Elite	Yellow						
Nello	Red						
Le Reve	Red						
Acapulco	Red						
Marco Polo	Red						
Concador	Yellow						
Table Dance	Pink						
Tarango	Yellow						
Mellow Star	Yellow						
Corvara Oriental Hybrid	Red						
Casa Blanca	White						



8 Koshimizu Onsen Fureai Center

Located in the center of town, Koshimizu Onsen is a public hot spring, known to be effective on atopic dermatitis, and irritated skin. The facility houses a large public bath, Jacuzzi, bed bath, and sauna. Overnight accommodations and restaurant are also included in the facility, making this a popular destination for many travelers. The environment surrounding the facility promotes healthy living, with a heated pool, park golf course, gate ball field and baseball field nearby.

●Address: Koshimizu 683-1, Koshimizu-cho
●Inquiries: Fureai Center TEL 0152-62-3020
●Hours: 10:00 AM - 10:00 PM
●Closed: Every 3rd Wednesday
●Admission: ¥400



- #### Accommodations Nearby
- Akebono Inn
Koshimizu 599, Koshimizu-cho
TEL 0152-62-2718
9 rooms/ capacity: 20 guests
 - Koshimizu Hana-Kotoni Youth Hostel
Hamakoshimizu 137-4, Koshimizu-cho
TEL 0152-63-4500
13 rooms/ capacity: 29 guests
 - Koshimizu Onsen Fureai Center
Koshimizu 683-1, Koshimizu-cho
TEL 0152-62-3020
13 rooms/capacity: 42 guests

Super Enticing Senmo Line Gourmet Journey

Yamubetsu Station, Hama-koshimizu Station, Kitahama Station and Mokoto Station on the JR Senmo Main Line, are often called "gourmet stations." Their reputation is earned by the delicious foods that are served in the Ramen noodle shop, "Ekibasha" at Yamubetsu Station, and the seafood rice bowl and curry rice at [Restaurant Hama-nasu], in Hama-koshimizu Station. There are cafes at both Kitahama and Mokoto Stations that serve light meals. Each cafe is uniquely designed, and delicious food is served by hospitable hosts, so not only locals but also tourists have become fans of these little restaurants. How about taking a journey that allows you to taste good food while you enjoy the breathtaking view from each station?



- Akan National Park -

Mt. Mokoto-yama Area

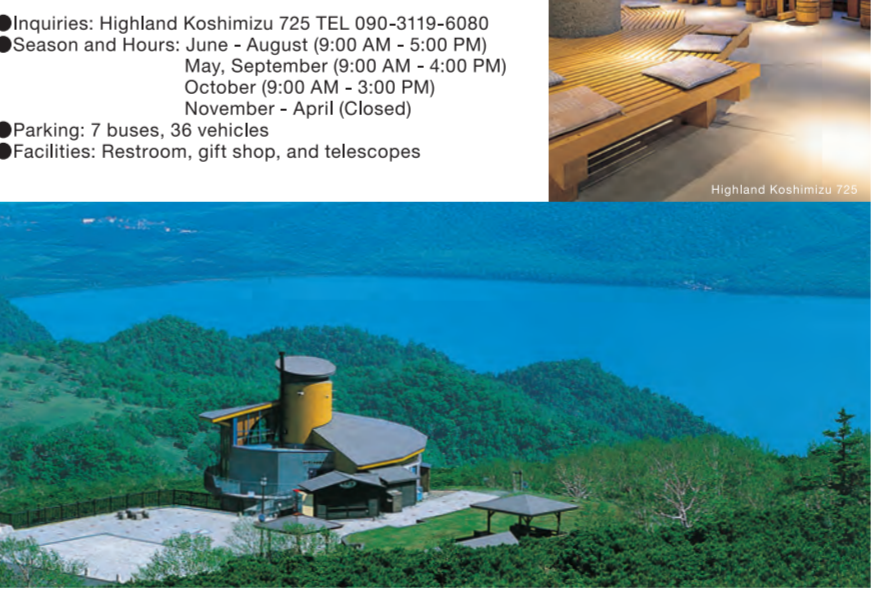
A Refreshing drive in the highlands, and a commanding view of eastern Hokkaido



9 Highland Koshimizu 725

Highland Koshimizu 725, sits 725 meters above sea level, near the 8th station on Mt. Mokoto, a mountain 1000 meters high, on the northern edge of the Akan National Park. This rest stop on the side of the mountain offers the most spectacular views of the Sea of Okhotsk, Shiretoko Mountain Range, Lake Kussharo, Mt. Io-zan in Kawayu, and the Wakoto Peninsula. On a clear early morning, you just might even be able to catch a glimpse of the cloud sea, another attractive aspect of the vast nature here.

●Inquiries: Highland Koshimizu 725 TEL 090-3119-6080
●Season and Hours: June - August (9:00 AM - 5:00 PM)
May - September (9:00 AM - 4:00 PM)
October (9:00 AM - 3:00 PM)
November - April (Closed)
●Parking: 7 buses, 36 vehicles
●Facilities: Restroom, gift shop, and telescopes



Snacks from Koshimizu

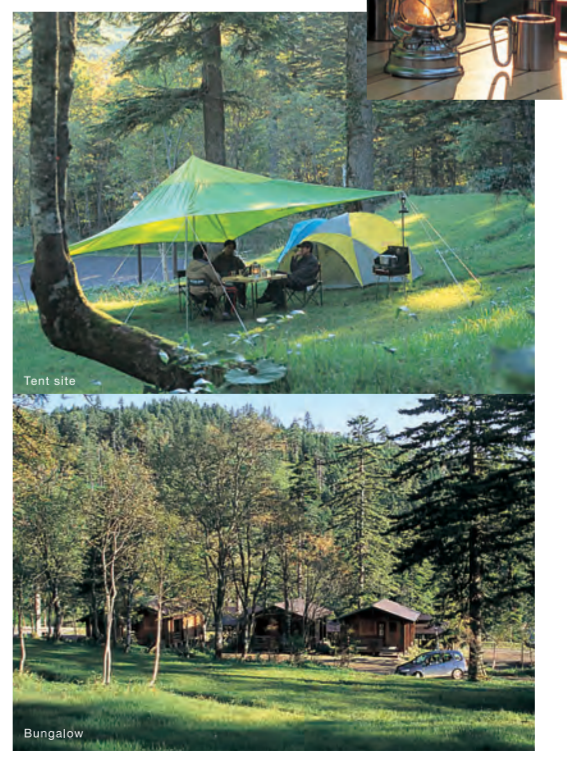
Tour the [Hogaja] fried cracker factory!

Japan Fukutaro Hokkaido Koshimizu Hokuyo-Factory
Hamakoshimizu 304-1, Koshimizu-cho
●Factory-direct retail store:
Inquiries concerning tours.
Hours: 10:00 - 16:00
TEL 0152-63-4141 FAX 0152-63-4410
Hogaja Search http://www.hogaja.com/

10 Highland Koshimizu Camping Grounds

If you take the footpath down from Highland 725, in about ten minutes you will arrive at the Highland Koshimizu Camping Grounds, nestled amidst the thick forests. There is a kitchen area, 3 bungalows, goemon bath (large barrel for bathing), and is perfect for hands-on nature activities and training camps.

●Inquiries: Commerce, Industry and Tourism Section, Industry Division, Koshimizu Town Office TEL 0152-62-4481
●Season: July - September
●Camping fees (per night)/tent sites: under 18, ¥150/ 18 and up ¥300; Bungalows: ¥5,000 per bungalow per night.
●Facilities: 3 Bungalows, 1 barbecue house, 2 kitchen areas, 2 restrooms with flush toilets, 1 goemon bath house, exchange center (2 coin showers, 1 washing machine, 1 dryer).



Events

Fully experience the magnitude of Okhotsk

●Furusato Festival [Potato Festival] (Late July)

The largest event of summer in Koshimizu, is held in the Trim Park each year. Visitors can purchase freshly picked potatoes, join in group competitions associated with potatoes, and much more. It is a festival dedicated solely to potatoes, the town's local product.



●Yuri-no-Sato Koshimizu [Lily Park] Lily Festival (Late July)

"Flower Live" and other exciting events are held amidst the blooming lilies.

●Casa Blanca Lily Viewing (Late August)

Casa Blanca, the queen of lilies will be on display. [Inquiries] Synergy Koshimizu Ltd. TEL 0152-62-2903

●Koshimizu; the town of "Hot Air Balloons"

In order to fly a hot air balloon, it is essential that the air currents are stable. Winters in Koshimizu provide both the stable weather conditions and the spacious grounds for takeoff and landing. Once in the air, endless snowfield leading to drift ice floating on the Sea of Okhotsk, and Mt. Shari-dake, showing its magnificent shape, come into view. Fans of hot-air balloons from all over Japan gather here in Koshimizu, to experience this view.





To Kiyosato
To Kiyosato

To Higashimokoto
Shibazakura
(Moss Phlox) Park

To Ozora-cho.
→ Higashi Mokoto

To Abashiri →
(Urashibetsu)

→ To Abashiri

- Tourism Dtl. Information**
- Koshimizu Town Hall
TEL 0152-62-4481 FAX 0152-62-4198
 - Koshimizu-cho Tourism Association
TEL 0152-62-3217 FAX 0152-62-2622
 - Airline Companies <JAL>TEL 0120-25-5971
<ANA>TEL 0120-029-222 <Air Do>TEL 0120-057-333
 - JR Abashiri Station TEL 0152-43-2362
 - Abashiri Bus TEL 0152-62-2912
 - Abashiri Taxi TEL 0152-62-2912
 - Police box / Koshimizu
TEL 0152-62-2810
 - Police box / Hamakoshimizu
TEL 0152-64-2207
 - Koshimizu Red Cross Hospital TEL 0152-62-2121

- Dining, Light Meals, Cafés, and Souvenirs**
- | | | | |
|---------------------------|-------------------------|--|---|
| 1 Yasumo | 11 Haru Hachi Bunme | 21 Yakimiku Hokuto | 31 Ramen Takozan |
| 2 Yakimiku Kinaga | 12 A-Coop | 22 Homemade Café Suiba/Tida House | 30 Hitsuji Biyori |
| 3 Fureai Center | 13 Karaoke Land Duet | 23 Nihachi Shokuhin | 31 Ohhotsk Ichigo Farm |
| 4 Kiraku | 14 Non | 24 Ramen Ekibasha | 32 Hokuji-gama Pottery Studio & Gallery |
| 5 Loop d'or Café | 15 Night Spot Alpha/Gem | 25 Soba Obachan no ie | 33 Koshimizu Wild Flower Park Gift Shop |
| 6 Country Cake Hanauta... | 16 The Fool | 26 Fukutaro Hokkaido Koshimizu
Hokuyo Factory | 34 Highland Koshimizu 725 (Rest house) |
| 7 Restaurant OLANGO | 17 PLUS ONE | 27 Restaurant Hamanasu & Shops | 35 Lily Park |
| 8 Ofukuro | 18 Tokiwa Sushi | 28 Mart Furetoi | 36 Bakery Maru |
| 9 Pizza & Pasta Aoi Yane | 19 Usويا | | |
| 10 Minazuki | 20 Tearoom Jun | | |

Legend Dining & Drinks Take-Out Bars & Pubs Souvenirs Lodging Hot Springs

Colossal fields that spread in every direction create a magical view.

Mt. Shari-dake stands alone among the boundless fields dotted with windbreaker forests, creating a world similar to a scenic painting.

Standing in front of fields that continue as far as the eye can see, one comes to the realization that this, is Hokkaido.

Potato fields spread out, with Mt. Shari-dake standing beautifully in the distance.

Beyond the rolling farmland, the Shiretoko Mountain Range shows its proud face.
From a hill overlooking the Sea of Okhotsk, a commanding view of Okhotsk Sanctuary and blossoming rugosa roses come into sight.

The winding road leading to Mt. Mokoto-yama continues through thick forests.

Mt. Shari-dake, the beautiful "Matterhorn" of eastern Hokkaido, looms in the distance beyond the rolling hills.

Sea of Okhotsk

→ To Abashiri